

NEW PATIENT INTAKE FORM
 (PLEASE PRINT AND FILL OUT)

FOR OFFICE USE ONLY

Date of First Visit: _____

PERSONAL INFORMATION/HISTORY Information is Strictly Confidential Please Answer Everything

Full Name: _____ Legal Guardian Name (if applicable): _____
 Address: _____ City: _____ Province: _____ Postal Code: _____
 Phone#s: Home(____) _____ Mobile/Cell:(____) _____ Business/Work:(____) _____ Ext: ____
 Birthdate: ____ / ____ / ____ (D/M/Y) Age: ____ Sex: M F **Occupation/Work?:** _____
 Marital Status (Check one): Married Single Widowed Divorced Separated Other || Children#: ____
Family Doctor Name: _____ **Family Doctor phone number:** (____) _____
 Emergency Contact Name: _____ → Relationship to You: _____ Phone #: (____) _____
 Email Address: _____ Extended Health Coverage Company Name: _____
How did you hear about the clinic? Referral who? _____ Signs where? _____ Internet Other _____

Do you have insurance coverage for chiropractic treatments? Yes No **massage treatments?** Yes No

SIDE NOTE ON BILLING INFORMATION (PLEASE FILL OUT ONLY IF IT APPLIES TO YOUR INJURY):

Type of injury: Is this a Workplace Safety & Insurance Board injury (WSIB)? Yes No (If No, you do not need to fill the following)
 WSIB claim #? _____ Date of Accident: ____ / ____ / ____ (D/M/Y) Employer's name: _____
 Employer's address and telephone: _____

Type of injury: Related to a motor vehicle accident (MVA) case? Yes No (If No, you do not need to fill the following)
 Date of Accident: ____ / ____ / ____ (D/M/Y) Insurer's name: _____ Policy or claim #: _____
 Insurer's address and telephone: _____

CURRENT HEALTH CONDITION

Reason for your visit today: → Wellness/Preventative Care **OR** Relief Care/Corrective Care

List your complaints (worst problem at the top #1)

Use this Intensity Line as a Guide →

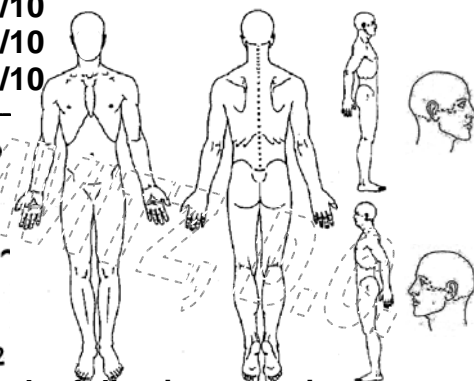
0 1 2 3 4 5 6 7 8 9 10
 No Pain Moderate Severe

1. _____ When did it start? _____ Intensity Rating? ____/10
 2. _____ When did it start? _____ Intensity Rating? ____/10
 3. _____ When did it start? _____ Intensity Rating? ____/10

USING THESE SYMBOLS, MARK THE TYPE OF DISCOMFORT ON THE BODY PICTURES ON THE RIGHT SIDE

→ Numbness ≡≡≡≡≡≡≡≡
 → Burning x x x x x x
 → Dull & Aching Δ Δ Δ Δ Δ Δ

→ Pins and Needles oooooo
 → Stabbing & Sharp ~~~~~~
 → Stiff & Tight 2 2 2 2



Regarding Your First Major (#1) Complaint listed above, please answer the following questions:

How did the condition/pain begin? _____ Has this condition happened before? Yes No

Does the condition/pain stay local Yes No, **OR** Does the condition/pain move to arm/leg Yes No

Other Professionals seen for this condition? Medical DR Chiropractor Physio Other: _____
 ↳ When was your last visit? _____ What was the recommended treatment? _____

Have you had X-rays or other imaging in the last 12 months? Yes No (What Region?): _____

Medications you now are taking: Pain Killers/Muscle Relaxers Antibiotics Cholesterol Diabetic
 Blood Pressure Blood Thinners Anti-inflammatory Antidepressants Other: _____

Patient/Legal Guardian's Signature for both page #s 1 & 2 (Sign in the clinic) X _____

Witness Attending D.C.'s/Assistant's Signature X _____ Signee's name _____

PAST AND FAMILY HEALTH HISTORY (PLEASE CHECK OR DESCRIBE WHERE INDICATED)

Try to indicate all previous slips, falls, accidents, surgeries and/or childhood traumas: _____

| FAMILY HEALTH | Diabetes | Heart | Cholesterol | Kidney | Cancer | Other |
|--------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mother | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Father | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Brother, # of ____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sister, # of ____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

List all Your Allergies (Foods, Medications, Seasonal, Other)

Do you take Nutritional Supplements? Yes No
If Yes, list →

Below is a health history form with a list of diseases which may seem unrelated to the purpose of your appointment. However, these questions **MUST** be answered as these problems can affect your chiropractic care.

PLEASE CHECK-MARK '✓' FOR ANY OF THE SYMPTOMS YOU HAVE NOW AND 'X' IF HAD IN THE PAST

- Anemia
- Heart Disease
- Tuberculosis
- Cancer
- Stroke
- Atherosclerosis
- High Cholesterol
- Alcoholism
- H.I.V.
- Thyroid Problems
- Diabetes
- Emphysema
- Cold sores
- Hepatitis A B or C
- Venereal Disease
- Rheumatic Fever
- Polio
- Multiple Sclerosis
- Epilepsy
- Diphtheria
- Appendicitis
- Arthritis
- Scarlet Fever
- Pneumonia
- Ulcers
- Mumps
- Eczema
- Measles

- Musculo-Skeletal**
- Headaches
 - Neck pain
 - Upper / Mid back pain
 - Low back pain
 - Shoulder pain
 - Arm / Leg pain (←Circle region)
 - Wrist / Elbow pain(←Circle)
 - Hip / Knee pain(←Circle)
 - Joint pain / Stiffness
 - Ankle / Foot trouble
 - Walking problems
 - Difficult chewing / Clicking jaw
 - General stiffness

- Gastro-Intestinal**
- Gas / Bloating after meals
 - Heartburn
 - Poor / Excessive appetite
 - Excessive thirst
 - Nausea / Vomiting
 - Diarrhea / Constipation
 - Black / Bloody stool
 - Colitis
 - Weight trouble
 - Gallbladder trouble
 - Kidney Stones

- Nervous System**
- Numbness
 - Dizziness
 - Forgetfulness
 - Fainting
 - Convulsions
 - Cold / Tingling Extremities
 - Problem Speaking/Swallowing
 - Blurred/Double Vision
 - Clumsiness

- Eyes, Ears, Nose, Throat**
- Vision problems
 - Frequent sore throats
 - Ear aches
 - Hearing difficulty

- Cardiovascular**
- Chest pain
 - Short breath
 - Blood pressure problems
 - Irregular heartbeat
 - Heart problems
 - Lung problems
 - Ankle swelling

- Lifestyle**
- Satisfaction with Diet**
- Highly Satisfied
 - Satisfied Unsatisfied
- Coffee / Tea**
- 1-2 Daily 3-4 Daily More
- Alcohol**
- 1-2 Daily 3-4 Daily More
- Cigarettes**
- 1-2 Daily 3-4 Daily More

Psychosocial: Have any of the following occurred recently?

- Depression
- Death
- Divorce
- Increased work stress
- Change of job status
- Chronic Fatigue
- Drugs / Alcohol increase
- Sleep Disturbances
- Economic Stress / Anxiety
- Family Problems
- Mental Disorders

- Male / Female**
- Menstrual Irregularity
 - Menstrual Cramping/Back Pain
 - Breast pain / Lumps
 - Prostate / Sexual dysfunction
 - Painful/Excessive urination
 - Discolored urine
 - Are you pregnant? Yes No

- Sleep Position**
- Side Back Stomach

Do you have a regular exercise program?

- Yes, Describe: _____
- No

- Lifestyle Stress Levels**
- High Moderate Very little



INFORMED CONSENT TO CHIROPRACTIC TREATMENT

There are risks and possible risks associated with manual therapy techniques used by doctors of chiropractic. In particular you should note:

- a) While rare, some patients may experience short term aggravation of symptoms or muscle and ligament strains or sprains as a result of manual therapy techniques. Although uncommon, rib fractures have also been known to occur following certain manual therapy procedures;
- b) There are reported cases of stroke associated with visits to medical doctors and chiropractors. Research and scientific evidence does not establish a cause and effect relationship between chiropractic treatment and the occurrence of stroke, but rather, recent studies indicate that patients may be consulting medical doctors and chiropractors when they are in the early stages of a stroke. In essence, there is a stroke already in progress. However, you are being informed of this reported association because a stroke may cause serious neurological impairment or even death. The possibility of such injuries occurring in association with upper cervical adjustment is extremely remote;
- c) There are rare reported cases of disc injuries identified following cervical and lumbar spinal adjustment, although no scientific evidence has demonstrated such injuries are caused, or may be caused, by spinal adjustments or other chiropractic treatment;
- d) There are infrequent reported cases of burns or skin irritation in association with the use of some types of electrical therapy offered by some doctors of chiropractic.

I acknowledge I have read this consent and I have discussed, or have been offered the opportunity to discuss, with my chiropractor the nature and purpose of chiropractic treatment in general, (including spinal adjustment), the treatment options and recommendations for my condition, and the contents of this Consent.

I consent to the chiropractic treatment recommended to me by my chiropractor including any recommended spinal adjustment.

I intend this consent to apply to all my present and future chiropractic care.

Dated this ____ day of _____, 20__

Patient Signature (Legal Guardian)

Name: _____
(Please Print)

Witness Signature

Witness Name: _____
(Please Print)

(ENGLISH)